GO WILD: Be a recognised wellbeing leader

Cut through the noise and learn what really matters to drive workplace wellbeing and build your career.



WILD is a 6-month Wellbeing Intensive Leadership Development program, developed for wellbeing leaders and people managers. On completion of this highly-practical program, walk away with:

- Tools, frameworks, and practices to help you lead wellbeing at the forefront with confidence.
- The necessary wellbeing knowledge you need to elevate sustainable engagement, motivation, and high performance in the workplace.
- · A certificate of completion showing your professional achievement and growth



Course content

Focused on real-world examples and evidencebased material that will help you to build your capability and confidence, this course covers:



- Module 2 Self-leadership for people leaders
- Module 3 Organisations: context and impact
- Module 4 Psychological safety and leadership
- Module 5 Mental wellbeing conversations
- Module 6 Leading through change



Intended participants

This program is perfect for:

- People responsible for workplace wellbeing
- People leaders who want to build their competence and confidence in wellbeing



Start date: 12 September 2023 End date: 12 March 2024



Delivery

Learning is via a mix of online interactive workshops, resource materials, and peer group support



\$1,399 + GST per participant

Cost in NZD. Fees also available in USD, CAN, EUR, GBP, or AUD

To register: visit <u>rowwellbeing.com/wild-public-course</u> or contact us:



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